

Program Sports Medicine for Health and Performance, IKA304, HT2020.

Week	Date	Time	Room	Content		Teacher	Comment
45	Wed 4 Nov	08:15-09:00	Zoom	Introduction		Daniel Arvidsson	
		09:00-12:00	Zoom	Lecture	Scientific method	Daniel Arvidsson	
	Fri 6 Nov	08:15-12:00	Zoom	Lecture	Sports injuries rehab	Eric Senorski	
46	Mon 9 Nov	08:15-10:00	Zoom	Case 1	Orthopedics	Jon Karlsson	
	Tue 10 Nov	08:15-12:00	Zoom	Lecture	Sports injuries 1	Jon Karlsson	
	Wed 11 Nov	08:15-12:00	Zoom	Lecture	Sports injuries 2	Jon Karlsson	
	Thur 12 Nov	08:15-12:00	Zoom	Lecture	Sports Medicine 1	Mats Börjesson	
47	Tue 17 Nov	08:15-10:00	Zoom	Lecture	FYSS-surgery, FYSS-children	Aron Onerup	
		10:15-12:00	Zoom	Lecture	FYSS-stress, depression	Ingibjörg Jonsdottir	
	Thur 19 Nov	08:15-12:00	Zoom	Lecture	FYSS-PAP	Stefan Lundqvist	
	Fri 20 Nov	08:15-12:00	Zoom	Lecture	Sports Medicine 2	Mats Börjesson	
48	Mon 23 Nov	08:15-10:00	Zoom	Paper 1	Assignment 1	Daniel Arvidsson	Compulsory
		10:15-12:00	Zoom	Paper 2	Assignment 1	Daniel Arvidsson	Compulsory
49	Mon 30 Nov	08:15-10:00	Zoom	Paper 3	Assignment 1	Daniel Arvidsson	Compulsory
		10:15-12:00	Zoom	Paper 4	Assignment 1	Daniel Arvidsson	Compulsory
	Tue 1 Dec	08:15-10:00	Zoom	Lecture	FYSS-orthopedics	Jon Karlsson	
50	Tue 8 Dec	08:15-10:00	Zoom	Paper 5	Assignment 1	Daniel Arvidsson	Compulsory
		10:15-12:00	Zoom	Paper 6	Assignment 1	Daniel Arvidsson	
	Wed 9 Dec	08:15-10:00	Zoom	Case 2	Overtraining	Mats Börjesson	
		10:15-12:00	Zoom	Case 3	Ethics	Mats Börjesson	
51	Mon 14 Dec	10:15-12:00	Zoom	Case 4	Sports nutrition	Stefan Pettersson	
2	Thur 7 Jan	08:15-15:45	Zoom	Presentations	Assignment 2	Daniel Arvidsson	Compulsory
	Fri 8 Jan	08:15-12:00	Zoom	Presentations	Assignment 2	Daniel Arvidsson	Compulsory
3	Fri 15 Jan	08:00-11:00		Written exam			